

Celiac & Gluten Free Product Advice

GLUTEN FREE ADVICE

We have been advised by our EHO to give this advice regarding gluten free products and celiac advice. We produce and make some gluten free meat products, but we are not a gluten free site so it is not possible to guarantee that there is zero cross contamination from flour in the air from our instore bakery or from a gluten free product making contact with a normal gluten free product although we do take precautions to avoid contact.

We do not make any gluten free pastry or sweet products at all. The deli has a couple of sweets that we buy in which are gluten free. Some of Fields customers like our gluten free products like the southern fried chicken goujons which we buy in from a GF company, the butchers also have a range of sauces and marinades which are GF, we have an allergen book so we can check which products are GF but we have made this list so it's easier for you to see and choose suitable products.

We also can produce buffets for GF as we can order GF breads in, but we cannot make our own GF pastry or sweets as they cannot be produced in a bakery that uses normal flour as that will contaminate with gluten,

in the deli we do buy in a very small range of GF sweet treats.

If you are a celiac and have bad reactions to gluten, then the advice from Fields is not to take the risk. We produce these only for none celiacs and those who have very mild reactions or those who just prefer GF products if that suits their dietary requirements. We have a large customer base with a wide range of dietary preferences, we do our best for all of our customers, but we cannot become a GF site due to our bakery and sandwich production.

If you have an allergy, it is your responsibility to inform us so we can check our allergen information book, we will also go and check ingredient declarations on packaging if you ask us to or if it's not in our book yet due to being a new or trial product. If you order a buffet and have an allergy you must inform us in an email when you order, verbally is not appropriate for any allergen requirement.

Thank you,
The Fields Team.



Gluten Free Products



IF YOU CAN'T SEE THEN PLEASE ASK YOUR SERVER

POULTRY PRODUCTS

- 🌾 Orange Duck Breast
- 🌾 Plum Duck Breast
- 🌾 Southern Fried Chicken Goujons
- 🌾 Lemon Chicken Breast
- 🌾 Roqufort & Asparagus Chicken Breast
- 🌾 Chorizo Chicken Breast
- 🌾 Philadelphia Chicken Breast
- 🌾 Chicken & Mushroom Breast
- 🌾 Piri Piri Chicken Breast
- 🌾 Halloumi Chicken Breast
- 🌾 Smokey Chicken Breast
- 🌾 Spicy Chicken Wing Tip
- 🌾 Garlic Chicken Wing Tip
- 🌾 Jerk Chicken Wing Tip
- 🌾 Thai Chicken Stir Fry
- 🌾 Sweet & Sour Crispy Chicken
- 🌾 Katsu Chicken Curry
- 🌾 Garlic & Chilli Chicken Kebab
- 🌾 Chinese Chicken Kebab
- 🌾 Piri Piri Chicken Kebab

- 🌾 Indian Chicken Kebab
- 🌾 Jerk Chicken Kebab
- 🌾 Nandos Style Half Chicken
- 🌾 Black Garlic Half Chicken
- 🌾 Chinese Chicken Drumsticks
- 🌾 Piri Piri Chicken Drumsticks

LAMB GLUTEN FREE

- 🌾 Minted Lamb Noisettes
- 🌾 Minted Lamb Chops
- 🌾 Mint Lamb Spatchcock
- 🌾 Minted Lamb Kebab
- 🌾 Tandoori Lamb Kebab
- 🌾 Rosemary & Redcurrant Lamb Chops
- 🌾 Greek Lamb Souvalaki
- 🌾 Greek Lamb Spatchcock
- 🌾 Greek Lamb Stir Fry

BEEF GLUTEN FREE

- 🌾 Mexican Steak Kebab
- 🌾 Black Garlic Steak Kebab
- 🌾 Garlic Steak Souvalaki

- 🌾 Spicy Steak Souvalaki
- 🌾 Sticky Crispy Chilli Beef
- 🌾 Beef Stroganoff
- 🌾 Diane Rib Eye Steak
- 🌾 Black Garlic Rib Eye Steak
- 🌾 Creamy Pepper Rib Eye Steak
- 🌾 Smoked Brisket & Rib Eye Burger
- 🌾 Plain Brisket & Rib Eye Burger

PORK GLUTEN FREE

- 🌾 Cajun Pork Sirloins
- 🌾 Ginger, Lemon & Chilli Pork Sirloins
- 🌾 Chinese Style Ribs
- 🌾 Gluten Free Sausages, From The Freezer

SIDE DISHES GLUTEN FREE

- 🌾 Mediterranean Vegetables
- 🌾 Sweet Potato Fries
- 🌾 Spanish Potato
- 🌾 Garlic Mushrooms
- 🌾 Dirty Fries